



2018 Fall Conference

THRIVING and Telling Our Stories

For persons living with brain injury, care-givers, family, and others interested in learning about brain injury.

Where: UNM Domenici Center for Health Sciences Education, NW, 2nd Floor, Rm 2720

1001 Stanford Drive NE, ABQ, NM

When: Saturday, October 27, 2018

Time: 8:00am to 4:30 pm

Registration 8:00am to 8:35 am,

Cost: Free, Donations accepted, Lunch provided if
RSVP at info@braininjurynm.org by Thursday

For more information: www.braininjurynm.org or
email: info@braininjurynm.org



8:00— 8:35 am Registration

8:35 to 9:00 Introduction and guest speaker

9:00—9:45 Re-creating Me

10:00—10:45 Post TBI Cognitive Recovery-
Where Does it Come From?

11:00—11:50 Interventions to Improve Thinking Skills

12:00 Lunch - box lunch provided if RSVP

1:00—1:45 Love Your Brain Gentle Yoga and
Meditation for the TBI Community

2-4 Break out into two Tracks -

Person living with brain injury and care-giver/family

2:00— 2:45 Self Care or Telling Your Story

3:00—3:45 Telling Your Story or Self Care

4:00 Wrap Up and Networking

4:30 End